

KANKU DAI ENGI BUNKAI NI (81 Kyodo)

Da eseguire al Campionato Italiano a Squadre 2006 - FASCIA "B"

ESECUZIONE DEL KATA

TECNICHE DA APPLICARE

	Yoi Gedan Morote Kaisho Awase Kamae		
1	Jodan Morote Kaisho Awase Kamae		
2	Endo Morote Kaisho Awase Kamae		
3	sx Jodan Kaisho Harai Uke		
		4	dx Jodan Kaisho Harai Uke
		5	dx Chudan Shuto Uchikomi Uke
		6	dx Jodan Shuto Urauchi
		7	sx Jodan Shuto Gyakuuchi
		8	sx Tsukami
		9	dx Chudan Urazuki (Kiai)
10	sx Chudan Tateshutoke		
11	dx Chudan Chokuzuki		
12	dx Chudan Uchiuke		
13	sx Chudan Chokuzuki		
14	sx Chudan Uchiuke		
15	sx Ryoken Koshi Kamae		
16	dx Jodan Urakenuchi - dx Chudan Yokogeri Keage		
17	sx Chudan Shukouke		
18	dx Chudan Shutouke		
		19	sx Chudan Shutouke
		20	sx Chudan Sho Osaeuke
		21	dx Chudan Nukite
		22	dx Chudan Oikomi Nukite (Kiai)
23	sx Gedan Shutouke - dx Jodan Shutouke		
24	dx Chudan Maegeri		
25	sx/dx Gedan/Jodan Morote Kamae		
26	dx Gedan Kaishouchi		
27	sx Gedan Kamae		
		28	sx Jodan Sasoi Kamae
		29	sx Gedan Shutouke
		30	dx Jodan Shutouke
		31	dx Chudan Maegeri
		32	dx Jodan Urakenuchi (Kiai)
		33	sx Jodan Sho Nagashiuke
		34	dx Gedan Kaishouchi - sx Tsukami Hiki Kamae

		35	sx Kizami Maegeri
		36	dx Chudan Gyakuzuki (Kiai)
37	sx/dx Gedan/Jodan Morote Kamae		
38	sx Gedan Kamae		
39	dx Ryoken Koshi Kamae		
40	sx Jodan Urakenuchi - sx Chudan Yokogeri Keage		
41	dx Chudan Mae Hijiate		
42	sx Ryoken Koshi Kamae		
43	dx Jodan Urakenuchi - dx Chudan Yokogeri Keage		
44	sx Chudan Mae Hijiate		
45	sx Chudan Shutouke		

dx = destra sx = sinistra

ESECUZIONE DEL KATA

TECNICHE DA APPLICARE

46	dx Chudan Shutouke		
47	dx Chudan Shutouke		
48	sx Chudan Shutouke		
49	sx Gedan Shutouke		
50	dx Jodan Shutouke		
51	dx Chudan Maegeri		
52	dx Jodan Urakenuchi		
53	dx Chudan Uchiuke		
54	sx Chudan Renzuki		
		55	dx Jodan Morotezuki (Kiai) - Ryote Gedan Fushigamae
56	sx Gedan Shutouke		
57	dx Chudan Shutouke		
58	sx Chudan Uchiuke		
59	dx Chudan Gyakuzuki		
60	dx Chudan Uchiuke		
61	sx Chudan Renzuki		
		62	sx Ryoken Koshi Kamae
		63	dx Jodan Urakenuchi - dx Chudan Yokogeri keage
		64	dx Tsukami
		65	sx Chudan Gyakuzuki (Kiai)
		66	sx Chudan Shutouke
		67	sx Chudan Sho Osaeuke
		68	dx Chudan Nukite
		69	dx Gyaku Nuke Hazushi - sx Chudan Hijiate
		70	sx Jodan Urakenuchi

		71	dx Chudan Gyakuzuki (Kiai)
		72	dx Gedanbarai - sx Jodan Kamae
		73	dx Kawashi Gedankake Harai - sx Daki Tsukami
		74	sx Hikitaoshi
		75	dx Gedanzuki (Kiai)
		76	sx/dx Jodan Kosa Udeuke
		77	dx Tsukami - sx Nakadakaken Urazuki
		78	Ryote Tsukami Gyakuwaza (Kiai)
79	Ryoken Chudan Jyuji Kamae		
80	Nidangeri (Kiai) - Jodan Urakenuchi		
81	Yamae Gedan Kakeuke Morote Endo No Kamae		

dx = destra

sx = sinistra